

# Thompson Swimming moves to a higher level of **EXCELLENCE**



**Setting new standards in sprint and distance training**

**Encouraging swimmers to stay in the sport longer**

**More fun and self-satisfaction through better results**

**Putting swimmers on State and National teams**

**Creating swimming and coaching excellence**

***"The quality of your life is determined by your commitment to excellence more than any other factor" Vince Lombardi***

## **Contact Head Coach**

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**[www.thompsonswimming.com.au](http://www.thompsonswimming.com.au)**