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## **Lane Cove Triathlete Impresses the World**

20 year old rookie triathlete, Rebecca Wilson, has had a stunning debut on the world stage.

Wilson represented Australia for the first time in the World Triathlon Championships in Lausanne, Switzerland, finishing 20<sup>th</sup> out of 70 finishers in the 20-24 years category.

She completed the 1.5km swim, 40km bike ride and the 10km run in just over 2 hours and 37 minutes.

Wilson came out of the water in 26<sup>th</sup> place but moved swiftly through the transition to get to 21<sup>st</sup>.

She started strongly in the bike ride, moving up to 17<sup>th</sup> position but dropped away to 26<sup>th</sup> at the end.

But demonstrating courage and determination, the talented 20 year old moved through the pack during the run, eventually finishing as the fifth fastest Australian woman in her age category.

“She performed very well, with all the nerves and apprehension that come with competing on the world stage for the first time” said Wilson's coach, John Thompson.

“She showed promise and I think made people sit up and take note of the “new girl on the block”” he added.

Further information:  
John Thompson  
0400 600 505