

Records Smashed

26.2.08

History was rewritten last weekend when both the men's and women's records in Lane Cove Swimming Club's famous Roma Edmunds Mile event were broken.

14 year old Sally Gilbert broke one of the club's longest standing records on Sunday night.

Gilbert swam the event in 20 minutes and 46 seconds breaking the previous mark by nearly 40 seconds. It's been held by Elizabeth Swinburn since 1979!

It was a family affair for the up and coming athlete: both parents as well as her Grandmother also competed in this year's Mile.

In the same heat, 20 year old national swimmer, Andrew D'Ambrosio, broke his own record set 3 years ago, swimming the event in 18 and a half minutes.

Gilbert and D'Ambrosio are now preparing for next month's Olympic Trials at Sydney Olympic Park Aquatic Centre.

80 year old Jack McMahon made history by swimming his 36th Mile. He wasn't the only 80 year old who competed in the 32 lap event: John Nottley also completed the event.

"The achievements of all these swimmers cannot be underestimated" the Head Coach, John Thompson said.

He added "fast times make for an exciting event but what Jack and John have achieved is truly humbling."

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