

05.08.07

Lane Cove breaks through!!!

One of Sydney's oldest swimming clubs has finally broken into one of the toughest sporting contests in the world ... the Australian Open Swimming Championships.

Four Lane Cove swimmers qualified and competed in the recent national open short course titles in Melbourne:

Tim Antalfy (20)
Nathan Besh (27)
Joshua Chang (17)
Andy D'Ambrosio (19)

They were up against the best swimmers in Australia including Grant Hackett, Matt Welsh, Jim Piper and Eamon Sullivan (until he dislocated his finger in a relay).

The Lane Cove swimmers demonstrated their toughness and grit with nearly 70% of all swims being lifetime bests.

Tim Antalfy qualified for the semi-finals of the 50 Fly swimming a personal best of 25.06. He swam another PB in the semi-final (25.02) but just missed the cut for the final.

Nathan Besh demonstrated he has what it takes recording nearly a 2 second PB in the 100 Individual Medley and jumping nearly 40 places in the national rankings. He also swam a personal best in the 50 Breaststroke.

Joshua Chang, in the middle of his HSC trials, swam personal bests in the 50 Fly and 100 Fly.

Andy D'Ambrosio, also continued his strong return to competitive swimming in the 200 Freestyle and 200 IM.

Lane Cove's Head Coach John Thompson said he was impressed with the performances of his charges.

"The swimmers showed that they weren't intimidated by the tough competition and in fact rose to the challenge" he said.

Lane Cove finished in 63rd position on the club point score.

The club is now looking to an exciting summer season ahead, with the Olympic trials in March.

Further information:

John Thompson
0400 600 505

Lane Cove Aquatic Centre 2 Little Street, LANE COVE
P.O.Box 110, Lane Cove NSW 2066
Phone: 0400 600 505 Email: info@thompsonswimming.com.au