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## Lane Cove: Number 1 on the North Shore

Lane Cove is officially the top club on the North Shore in the 12 & under age group, after last weekend's New South Wales Summer Swimming Championships.

The small team of seven junior swimmers performed strongly at the meet, coming away with one bronze medal (4x50 Freestyle Relay - **Josh Talvi, Jack Van Der Vegt, John O'Neill and Andy Moss**) and numerous top 10 swims.

The club's senior swimmers weren't to be outshone - making a firm statement to the rest of the state that Lane Cove has arrived.

15 year old **Phil Butcher** won gold in 100 Butterfly.

17 year old **John Took** won gold in the 100 Backstroke.

The 17/18 mens 4x50 Medley relay team - **John Took, Andrew Reis, Will Gilbert and Joshua Chang** - won silver.

Head Coach, John Thompson, was pleased with the way his swimmers performed.

"Virtually every swim was a personal best time and most improved their rankings too" he said.

"The strong performances are the product of hard work and good team spirit backed by an experienced coaching team".

It was the club's biggest ever team to a New South Wales championship meet.

Overall, Lane Cove finished 34th out of the 150 or so clubs competing in the 7 day competition.

Further information:  
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