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Hilsberg stars for NSW

10 year old Lane Cove swimmer, Joseph Hilsberg, has performed strongly in his first national competition – coming home with a swag of medals and a national record.

Hilsberg was part of the New South Wales team that competed in last week's Primary School National Championships – a competition involving the country's best primary school swimmers.

He teamed up with fellow Northern Suburbs teammate, Christopher Dwyer, Henry Camp from Maroubra and Breydon McCarthy from Tweed Heads in the 4 x 50 Freestyle Relay to not only win the Gold Medal but set a new national record of 2:04.47.

The team also won gold in the 4 x 50 Medley Relay.

Hilsberg demonstrated that he was just as good swimming on his own ... narrowly being beaten in his pet event, the 50 Backstroke in 35.75 seconds.

"I was pleased with the result – coming in under 36 seconds for the first time" Hilsberg said.

And he won Bronze in the 50 Freestyle.

Hilsberg's coach, Phil Hughes, paid tribute to his young charge.

"Joseph has been training consistently for the past 5 months and has maintained his focus virtually the entire time".

Hughes added "Joseph is a talented swimmer but it means nothing without the work and he's done that and deserves the rewards."

Hilsberg along with 14 of his Lane Cove club mates are now preparing for the Sydney Metropolitan Championships, being held this weekend at the Sydney Olympic Park Aquatic Centre.

Further information:

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