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Gold and a new record ... almost!

15 year old Lane Cove swimmer, Phil Butcher, performed strongly at last weekend's Sydney Metropolitan Swimming Championships, held at the Sydney Olympic Park Aquatic Centre.

He led the club's biggest team in years - 20 swimmers - as it continued its resurgence in Australian Swimming ... coming 25th in the overall point score out of the 79 clubs competing over the weekend.

Butcher dived in for his pet event, the 100 Fly and swam a blistering 27.1 in the first 50. He turned and came home strongly finishing just point 0-2 of a second outside the Metropolitan record set 2 years ago by up and coming star, Daniel Arnarnart.

Butcher said "I gave it all I got ... but in the end it was the finish that got me."

"I know what I have to work on for next time", he added.

But he still won the Gold medal.

Team mate, **Tim Antalfy** (19), won Silver in the 50 Fly.

Lane Cove Head Coach, John Thompson, said coming 25th in Sydney was a great achievement. "It was a team effort", he added.

Several swimmers swam 100% PBs:

- i. **Sam Gilbert,**
- ii. **Fiona Robertson**
- iii. **Hugh Rothwell,**
- iv. **Jack Van der Vegt,**

Further information:
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