

26.10.06

17 year old record ... GONE!!!

26 year old Lane Cove swimmer, Hugh Rothwell, has broken one of the states longest standing breaststroke records.

Rothwell swam a blistering 2.35.39 in the 200m Breaststroke at the recent NSW Aussi Masters short course titles. In doing so, he obliterated the old record, held by former Australian representative Graeme "Grub" Carroll by nearly 2 seconds.

Carroll has held the record since the 1st of January, 1989.

Rothwell said he was delighted by the result. "I had an interrupted lead up to the meet, having been quite sick on and off over the last few months." He added "I was surprised by the result I had no idea I was even close to breaking a state record, let alone a 17 year old one!"

His coach, John Thompson, said "Hugh is a great trainer. Even when he's not feeling 100%, he still puts in 100%". Thompson said "this is part of the journey to bigger and better things."

Rothwell leads a busy life between training sessions, he does relief primary school teaching and also is a learn-to-swim instructor.

Further information:

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